

Matagorda Nursing and Rehabilitation Center
May 2018 Newsletter
“Our Residents, Our Customers”

Administrator’s Corner

Matagorda Nursing and Rehabilitation Center completed its annual survey on Thursday, April 12, 2018. We had a very good survey, because of dedicated staff members as well as involved family members. It takes all of us working together to achieve success. We have had some staffing bumps, but I think we are getting back to normal.

As we begin to enter into the summer months, we also enter into Hurricane Season! Hurricane Season begins June 1st and goes through November 30th with the peak of the season from Mid-August to late October.

Hurricane Harvey really put things into perspective in the respect to evacuation preparations. We are already working on our Emergency Preparedness Plan.

A total of 14 named storms, seven hurricanes and three major hurricanes are expected this season.

This is slightly above the 30-year average of 12 named storms, six hurricanes and two major hurricanes.

The forecast was released Thursday by the Colorado State University Tropical Meteorology Project.

After last year's disastrous hurricane season that included storms like Harvey, Irma and Maria, the U.S. probably won't see much of a hurricane reprieve this year, according to forecasters from the [Colorado State University Tropical Meteorology Project](#).

The 2018 Atlantic hurricane season forecast released Thursday from Colorado State University calls for the number of named storms and hurricanes to be slightly above historical averages, but less than last year.

In the past, meetings were conducted at the facility but this year I am providing you with all the information that would normally be

discussed in lieu of making you attend a meeting.

Hurricane Evacuation FAQs

- We only evacuate when the County Judge calls for a MANDATORY EVACUATION
- Evacuation Site: Shiner, Texas and Moulton, Texas. The reason we go there is because it is our sister facility and we have access to our vendors, i.e. pharmacy, food, and nursing supplies
 - Heavy Care residents go to Shiner Nursing and Rehabilitation Center and Shady Oaks Nursing and Rehabilitation Center.
- We HIGHLY SUGGEST allowing us to evacuate your loved one because of our access to supplies and medications.
- We evacuate the facility using:
 - Ambulance
 - Charter Busses
 - Facility Vans
 - School buses
- We take all of our mattresses to accommodate our residents while in Shiner
- We have a traveling team along with ALL DEPARTMENT HEADS who go to Shiner to take care of our residents
- We have a receiving team that assists with our residents when we return to our facility when we get the ALL CLEAR to return.

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- We take all of our charts, medicines, and supplies from our facility.
- Each resident is fitted with a VEST that contains all of their medical information
- Each resident is fitted with a bracelet that contains their DNR/FULL CODE status as well as their diet.
- Family members may accompany their loved ones only if they are willing to help out.
- If family members take their loved one, they are responsible for them until we return to the facility.
- Beginning mid-May our housekeeping department will begin bagging resident clothes to be prepared if/when we might have to evacuate.

Evacuation Sites

Shiner Nursing & Rehabilitation Center

1213 N. Avenue B

Shiner, Texas 77984

(361) 594-3353

Shady Oak Nursing & Rehabilitation Center

101 South Lancaster

Moulton, Texas 77975

(361) 596-7373

If you have any questions regarding hurricane evacuation, please don't hesitate to contact me or drop by my office.

As always, my door is always open if you have concerns, comments, or ideas to help us

continue providing the best care in Matagorda County!

Cody D. Holloway, M.Ed., LNFA, ACHCA

Administrator

May Birthdays



Residents

May Fitzgerald	May 3 rd
Robert Sanchez	May 6 th
Douglas Laidlaw	May 11 th
Alma Ervin	May 18 th
Jack Solis	May 30 th

Staff

Tonya Piwonka	May 11 th
Andrea Uhl	May 14 th
Dyneakay Laidlaw	May 18 th
Beatriz Brito	May 27 th

May Observances

May Day	May 1 st
Cinco de Mayo	May 5 th
Mother's Day	May 13 th
Armed Forces Day	May 19 th
Memorial Day	May 28 th

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ATTENTION!

Family Council

3rd Saturday of every other Month @ 2:00 PM

The next meeting will be May 19, 2018

Meet in the Assisted Dining Room

Recipe of the Month



Salon Services

The MNRC salon is open every **WEDNESDAY** or **THURSDAY** starting about 9:00 AM. If your loved one needs a haircut, trim, etc.....please let us know. Make sure he/she has money in his/her trust account. If your loved one does not have a trust account, we would be more than happy to hold money for the beautician, Janel Duran.

Medical Tidbits

Continuing with our Dementia series:

Frontotemporal dementia

Includes dementias such as behavioral-variant frontotemporal lobar degeneration (FTLD), primary progressive aphasia, Pick's disease,

corticobasal degeneration and progressive supranuclear palsy.

Symptoms: Typical symptoms include changes in personality and behavior and difficulty with language. Nerve cells in the front and side regions of the brain are especially affected.

Brain changes: No distinguishing microscopic abnormality is linked to all cases. The symptoms of FTLD may occur in those age 65 years and older, similar to Alzheimer's, but most people with FTLD develop symptoms at a younger age. About 60 percent of people with FTLD are ages 45 to 60. FTLD accounts for about 10 percent of dementia cases.

Creutzfeldt-Jakob disease

CJD is the most common human form of a group of rare, fatal brain disorders affecting people and certain other mammals. A specific form called variant Creutzfeldt-Jakob disease is believed to be caused by consumption of products from cattle affected by mad cow disease.

Symptoms: Rapidly fatal disorder that impairs memory and coordination and causes behavior changes.

Brain changes: Results from misfolded prion protein that causes a "domino effect" in which prion protein throughout the brain misfolds and thus malfunctions.

Normal pressure hydrocephalus

Symptoms: Symptoms include difficulty walking, memory loss and inability to control urination.

Brain changes: Caused by the buildup of fluid in the brain. Can sometimes be corrected with surgical installation of a shunt in the brain to drain excess fluid.

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"Gone but not forgotten"

January 2018 - present

Eutabelle Albritton

Dorothy Allen

Alberto Cobian

Jack Cole

James Dykes

Gary Finch

James Fitzgerald

Ida Mae Franzen

Mary Frazier

Cynthia Letterman

Mary Razo

Roy Sellers



MNRC LEADERSHIP TEAM

Cody D. Holloway, M.Ed.....Administrator

Darlene Boatwright, RN.....Director of Nursing

Beatrice Hawes, LVN.....Asst. Director of Nurses

Vanessa Rupe, LVN.....Asst. Director of Nurses

Boni Powell, LVN.....Asst. Director of Nurses

Tonya Piwonka, RN.....Marketing/Admissions

Zoila Luna.....Business Office Manager

Dana Horton.....Asst. Business Office Manager

Rod Eatherly, LBSW.....Social Services

Lynn Kulish.....Medical Records Clerk

Beverly Boudreaux.....Facility Concierge

Tamarra Grainger.....Activity Director

Deanna Nevarez.....Dietary Supervisor

Paula Vela.....HK/Laundry Supervisor

Eric Schnupp Director of Maintenance